

Primary 4: What Do I Need? Lesson 2: Getting the right help_playground

Wellbeing Indicators

Pupils Name:

Wellbeing Indicators	In the playground I need to.....	Yes	No
Safe... protected from abuse, neglect or harm	feel safe and happy.		
Healthy... experiencing the highest standards of physical and mental health, and supported to make healthy, safe choices	make healthy choices to maintain my health and wellbeing.		
Achieving... receiving support and guidance in their learning – boosting their skills, confidence and self-esteem	feel my achievements are recognised.		
Nurtured... having a nurturing and stimulating place to live and grow	feel stimulated.		
Active... having opportunities to take part in a wide range of activities – helping them to build a fulfilling and happy future	have opportunities to participate in a variety of activities.		
Respected... to be given a voice and involved in the decisions that affect their wellbeing	be respected and involved in decisions about myself.		
Responsible... taking an active role within their schools and communities	be given the opportunities to actively participate in a variety of activities in school and in my community.		
Included... getting help and guidance to overcome social, educational, physical and economic inequalities; accepted as full members of the communities in which they live and learn –	feel and be included		
	have my needs met and supported		
	build relationships and friendships		
	develop my skills		
	experience achievements		
	participate in a variety of activities		
	acknowledge diversity		