

The ICE Pack - Knowing Me, Knowing You is a Personal Development Programme Supporting Social and Emotional Wellbeing

This **ICE Pack** will support learners to build, develop and demonstrate their values, attitudes and skills as well as the acquisition of knowledge to improve their ability to relate their learning and achievements to their future and the world of work. The development of skills is an integral part of the resource. The lessons provide the evidence of their development and progression using both formative and summative assessment.

Purposes of the Curriculum 3 – 18 years - The development of skills for learning, life and work.

Successful learners with			Confident individuals with		
enthusiasm and motivation for learning			self respect		
determination to reach high standards of achievement			a sense of physical, mental and emotional wellbeing		
openness to new thinking and ideas			secure values and beliefs		
			ambition		
and able to			and able to		
use literacy, communication and numeracy skills			relate to others and manage themselves		
use technology for learning			pursue a healthy and active lifestyle		
think creatively and independently			be self aware		
learn independently and as part of a group			develop and communicate their own beliefs and view of the world		
make reasoned evaluations			live as independently as they can		
link and apply different kinds of learning in new situations			assess risk and take informed decisions		
			achieve success in different areas of activity		

Responsible citizens with			Effective contributors with		
respect for others			an enterprising attitude		
commitment to participate responsibly in political, economic, social and cultural life			resilience		
			self-reliance		
and able to			and able to		
develop knowledge and understanding of the world and Scotland's place in it			communicate in different ways and different settings		
understand different beliefs and cultures			work in partnership and in teams		
make informed choices and decisions			take the initiative and lead		
evaluate environmental, scientific and technological issues			apply critical thinking and new concepts		
develop informed, ethical views of complex issues			create and develop		
			solve problems		

Providing individuals with skills helps each individual to fulfil their social and intellectual potential and benefits the wider Scottish economy. BtC4 The Scottish Government, Edinburgh, 2009